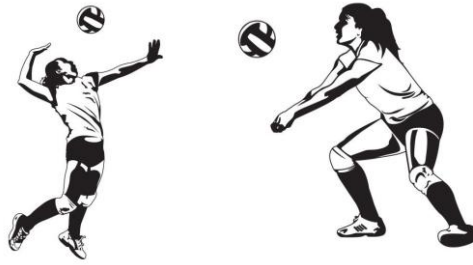


# QUEEN OF ALL SAINTS



## VOLLEYBALL CAMP

PRESENTED BY:



### ALL CAMPS TAKE PLACE AT:

Queen of All Saints Catholic School  
6611 Christopher Dr.  
St Louis, Mo. 63129

**GRADE**

**SCHOOL CAMP – GRADES 3<sup>RD</sup>-5<sup>TH</sup> – July 24<sup>th</sup> - July 27<sup>th</sup> – 12:30 – 2:15pm**

**CAMP CAPACITY: 40 - COST: \$90**

THIS CAMP IS INTENDED FOR ATHLETES WHO WANT TO LEARN AN INTRODUCTION TO THE BASIC/INTERMEDIATE VOLLEYBALL SKILLS AND ELEMENTS OF THE GAME. THIS CAMP WILL WORK ON TECHNIQUE, AGILITY, FOOTWORK, HAND/EYE COORDINATION, AND MOTOR SKILLS IN FUN AND INTERACTIVE WAYS. THE CAMP WILL ALSO CONCENTRATE ON THE TEAM CONCEPT AND WORKING TOGETHER TO ACHIEVE A COMMON GOAL. \*CAMP INCLUDES CAMP T-SHIRT

**MIDDLE SCHOOL CAMP – GRADES 6<sup>TH</sup>-8<sup>TH</sup> – July 24<sup>th</sup> - July 27<sup>th</sup> – 2:30 – 4:15pm**

**CAMP CAPACITY: 40 - COST: \$90**

THIS CAMP WILL TEACH BOTH THE BASIC FUNDAMENTALS OF THE GAME AS WELL AS SOME ADVANCED ELEMENTS. IT WILL FOCUS ON INSTRUCTION INCLUDING BUT NOT LIMITED TO: PASSING, DEFENSE, SERVING, ATTACKING AND TEAM PLAY. IT IS INTENDED FOR THOSE WHO MAY OR MAY NOT HAVE ANY VOLLEYBALL EXPERIENCE BUT YET WANT TO LEARN IN A FUN, GAME-LIKE ATMOSPHERE. \*INCLUDES CAMP T-SHIRT

CEVA MAIL INSTRUCTIONS: PLEASE MAKE ALL CHECKS TO: CUTTING EDGE VOLLEYBALL or CEVA  
MAIL TO: 10 CEDAR RUN LANE #14 LAKE SAINT LOUIS, MO. 63367

CAMPERS NAME: \_\_\_\_\_ INCOMING GRADE & CAMP \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_ EMERGENCY PHONE: \_\_\_\_\_

T-SHIRT SIZE: YOUTH – S MD LG      ADULT – S MD LG XL